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# SAN FRANCISCO UNIFIED SCHOOL DISTRICT, CA

MIDDLE SCHOOL YOUTH RISK BEHAVIOR SURVEY

2003

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**Table 2m. Percentage of Middle School Students Who Had Rarely or Never Worn Seatbelts\* and Who Had Ever Ridden in a Car with a Driver Who Had Been Drinking Alcohol, by Sex, Race/Ethnicity, and Grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2003**

Question	Male		Female		Total	
	%	CI <sup>†</sup> (±)	%	CI (±)	%	CI (±)
<b>Rarely or never wore seat belts</b>						
<b>Race/Ethnicity</b>						
White <sup>§</sup>	— <sup>†</sup>	—	—	—	2.6	2.6
Black <sup>§</sup>	—	—	—	—	7.5	3.7
Hispanic	15.6	5.4	7.5	4.1	11.6	4.1
Asian <sup>**</sup>	9.2	2.0	6.4	2.0	7.9	1.5
Other	15.5	6.7	6.7	4.5	11.6	3.7
<b>Grade</b>						
6	9.0	2.6	5.5	2.7	7.4	1.9
7	10.5	3.6	5.5	2.4	8.1	2.4
8	11.8	3.1	7.9	3.2	10.1	2.7
<b>Total</b>	10.7	1.7	6.3	1.6	8.7	1.4
<b>Rode with a driver who had been drinking alcohol</b>						
<b>Race/Ethnicity</b>						
White	—	—	—	—	26.7	6.9
Black	—	—	—	—	27.7	6.1
Hispanic	23.5	6.8	21.6	6.6	22.6	5.5
Asian	11.4	2.6	11.0	2.6	11.3	2.1
Other	12.6	5.7	23.7	9.1	18.0	5.7
<b>Grade</b>						
6	14.8	4.9	12.4	4.4	13.7	3.7
7	18.1	4.2	19.3	3.8	18.7	2.5
8	22.7	4.5	22.2	5.5	22.6	3.7
<b>Total</b>	18.7	2.6	18.0	2.8	18.4	2.1

\*When riding in a car.

†95% confidence interval.

§Non-Hispanic.

†Not available.

\*\*Chinese, Filipino, or Other Pacific Islanders.

**Table 3m. Percentage of Middle School Students Who Had Rarely or Never Worn Bicycle Helmets\* or Rollerblade or Skateboard Helmets,† by Sex, Race/Ethnicity, and Grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2003**

Question	Male		Female		Total	
	%	CI <sup>§</sup> (±)	%	CI (±)	%	CI (±)
<b>Rarely or never wore bicycle helmets</b>						
<b>Race/Ethnicity</b>						
White <sup>¶</sup>	— <sup>**</sup>	—	—	—	33.2	9.7
Black <sup>†</sup>	—	—	—	—	77.6	6.5
Hispanic	65.9	5.8	61.9	8.5	64.1	5.0
Asian <sup>††</sup>	49.2	6.3	48.4	5.2	48.9	4.1
Other	—	—	—	—	56.0	8.2
<b>Grade</b>						
6	55.3	7.9	46.8	6.9	51.5	6.0
7	55.7	8.8	54.3	8.5	55.1	7.7
8	66.6	7.4	60.8	8.1	64.1	6.4
<b>Total</b>	59.5	4.3	53.7	4.3	57.0	3.5
<b>Rarely or never wore a helmet when using rollerblades or riding a skateboard</b>						
<b>Race/Ethnicity</b>						
White	—	—	—	—	45.7	10.5
Black	—	—	—	—	—	—
Hispanic	63.7	8.4	63.6	11.0	63.6	7.2
Asian	54.2	7.2	53.8	6.1	54.0	5.4
Other	—	—	—	—	67.1	8.2
<b>Grade</b>						
6	56.6	6.7	42.4	5.9	49.6	4.9
7	61.2	9.7	60.7	10.0	61.0	7.6
8	71.9	7.0	73.3	8.1	72.7	5.4
<b>Total</b>	62.9	4.4	57.9	5.4	60.6	3.8

\*Among the 69.0% of students who had ridden a bicycle.

†Among the 53.6% of students who had used rollerblades or ridden a skateboard.

§95% confidence interval.

¶Non-Hispanic.

\*\*Not available.

††Chinese, Filipino, or Other Pacific Islanders.

**Table 4m. Percentage of Middle School Students Who Had Ever Carried a Weapon,\* Who Had Ever Been in a Physical Fight, and Who Had Ever Been Hurt in a Physical Fight,† by Sex, Race/Ethnicity, and Grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2003**

Question	Male		Female		Total	
	%	CI <sup>§</sup> (±)	%	CI (±)	%	CI (±)
<b>Carried a weapon</b>						
<b>Race/Ethnicity</b>						
White <sup>¶</sup>						
Black <sup>¶</sup>						
Hispanic						
Asian <sup>**</sup>						
Other						
<b>Grade</b>						
6						
7						
8						
<b>Total</b>						
<b>Were in a physical fight</b>						
<b>Race/Ethnicity</b>						
White						
Black						
Hispanic						
Asian						
Other						
<b>Grade</b>						
6						
7						
8						
<b>Total</b>						
<b>Were hurt in a physical fight</b>						
<b>Race/Ethnicity</b>						
White	— <sup>††</sup>	—	—	—	7.1	3.5
Black	—	—	—	—	5.9	3.2
Hispanic	10.3	4.8	3.8	2.4	7.2	2.8
Asian	4.9	1.8	5.6	2.1	5.2	1.4
Other	8.0	5.8	7.2	5.4	7.6	3.8
<b>Grade</b>						
6	5.5	2.5	6.5	2.7	5.9	1.7
7	7.5	3.2	6.1	2.6	6.8	2.1
8	7.0	3.1	4.1	1.8	5.6	1.8
<b>Total</b>	6.7	1.7	5.6	1.4	6.2	1.1

\*For example, a gun, knife, or club.

†Had to be treated by a doctor or nurse.

§95% confidence interval.

¶Non-Hispanic.

\*\*Chinese, Filipino, or Other Pacific Islanders.

††Not available.

**Table 5m. Percentage of Middle School Students Who Had Ever Seriously Thought About Killing Themselves, Who Had Ever Made a Plan About How To Kill Themselves, and Who Had Ever Tried To Kill Themselves, by Sex, Race/Ethnicity, and Grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2003**

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
<b>Seriously thought about killing themselves</b>						
<b>Race/Ethnicity</b>						
White <sup>†</sup>	— <sup>§</sup>	—	—	—	17.8	6.0
Black <sup>†</sup>	—	—	—	—	26.1	6.5
Hispanic	18.9	5.3	20.0	5.6	19.4	4.0
Asian <sup>†</sup>	15.0	3.1	22.1	3.7	18.3	2.3
Other	20.6	8.2	37.0	8.7	28.6	6.2
<b>Grade</b>						
6	15.7	3.9	18.2	5.5	16.9	3.5
7	16.6	4.1	25.2	5.4	20.6	3.2
8	19.3	4.9	29.6	4.7	24.2	3.5
<b>Total</b>	17.5	2.4	24.4	3.3	20.8	2.0
<b>Made a plan about how to kill themselves</b>						
<b>Race/Ethnicity</b>						
White	—	—	—	—	14.9	6.8
Black	—	—	—	—	18.0	5.7
Hispanic	14.8	5.0	14.9	5.1	14.8	3.7
Asian	9.0	2.6	14.8	3.2	11.7	2.0
Other	16.5	7.2	24.6	7.8	20.5	5.4
<b>Grade</b>						
6	9.9	3.8	11.7	3.9	10.7	2.6
7	12.2	3.8	15.7	5.1	13.8	3.1
8	15.2	4.5	21.2	4.7	18.0	3.4
<b>Total</b>	12.5	2.4	16.3	2.9	14.3	1.9
<b>Tried to kill themselves</b>						
<b>Race/Ethnicity</b>						
White	—	—	—	—	3.3	3.0
Black	—	—	—	—	14.7	4.8
Hispanic	6.7	3.5	9.7	3.7	8.2	2.5
Asian	4.9	1.9	8.4	2.4	6.5	1.6
Other	8.0	4.5	16.1	6.0	12.0	3.5
<b>Grade</b>						
6	5.8	3.2	5.8	2.7	5.8	2.3
7	6.8	2.6	10.5	3.3	8.5	2.0
8	8.8	3.1	12.0	3.6	10.4	2.1
<b>Total</b>	7.2	1.7	9.5	2.1	8.3	1.4

\*95% confidence interval.

<sup>†</sup>Non-Hispanic.

<sup>§</sup>Not available.

<sup>†</sup>Chinese, Filipino, or Other Pacific Islanders.

**Table 6m. Percentage of Middle School Students Who Had Ever Smoked Cigarettes, by Sex, Race/Ethnicity, and Grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2003**

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
<b>Lifetime cigarette use<sup>†</sup></b>						
<b>Race/Ethnicity</b>						
White <sup>§</sup>	— <sup>¶</sup>	—	—	—	12.0	5.1
Black <sup>§</sup>	—	—	—	—	34.9	7.0
Hispanic	30.4	7.0	25.5	6.7	27.9	5.5
Asian <sup>**</sup>	13.2	3.0	10.5	2.6	12.0	2.3
Other	—	—	23.5	7.0	26.4	7.1
<b>Grade</b>						
6	13.4	4.1	13.1	3.8	13.2	3.1
7	19.7	5.0	18.3	5.0	19.1	3.8
8	30.1	6.2	26.5	7.7	28.6	5.4
<b>Total</b>	21.2	3.0	19.4	3.2	20.4	2.5
<b>Lifetime daily cigarette use<sup>††</sup></b>						
<b>Race/Ethnicity</b>						
White	—	—	—	—	2.7	2.6
Black	—	—	—	—	7.0	3.4
Hispanic	4.0	2.5	1.0	1.3	2.5	1.4
Asian	1.7	1.1	2.5	1.3	2.0	0.9
Other	5.5	5.4	3.4	3.6	4.4	3.3
<b>Grade</b>						
6	4.2	2.3	2.5	1.6	3.4	1.5
7	3.3	2.5	3.1	2.1	3.2	1.7
8	5.0	2.6	1.7	1.6	3.6	1.6
<b>Total</b>	4.1	1.4	2.4	1.0	3.4	0.9

\*95% confidence interval.

<sup>†</sup>Ever tried cigarette smoking, even one or two puffs.<sup>§</sup>Non-Hispanic.<sup>¶</sup>Not available.<sup>\*\*</sup>Chinese, Filipino, or Other Pacific Islanders.<sup>††</sup>Ever smoked at least one cigarette every day for 30 days.

**Table 7m. Percentage of Middle School Students Who Smoked Cigarettes, by Sex, Race/Ethnicity, and Grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2003**

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
<b>Current cigarette use<sup>†</sup></b>						
<b>Race/Ethnicity</b>						
White <sup>§</sup>	— <sup>¶</sup>	—	—	—	3.4	2.9
Black <sup>§</sup>	—	—	—	—	9.1	4.3
Hispanic	4.9	3.3	7.5	4.6	6.2	2.6
Asian <sup>**</sup>	2.8	1.3	2.8	1.5	2.8	1.1
Other	4.1	3.9	4.8	4.9	4.4	3.1
<b>Grade</b>						
6	2.6	1.8	2.2	1.9	2.4	1.4
7	4.4	2.5	5.7	3.6	5.0	2.0
8	8.4	3.6	5.1	2.8	7.0	2.6
<b>Total</b>	5.1	1.6	4.5	1.7	4.9	1.3
<b>Current frequent cigarette use<sup>††</sup></b>						
<b>Race/Ethnicity</b>						
White	—	—	—	—	2.8	2.7
Black	—	—	—	—	1.5	1.5
Hispanic	0.0	0.0	0.0	0.0	0.0	0.0
Asian	0.5	0.6	0.7	0.7	0.6	0.4
Other	1.8	2.5	0.0	0.0	0.9	1.3
<b>Grade</b>						
6	0.0	0.0	0.6	1.2	0.3	0.6
7	0.7	0.9	0.9	1.0	0.8	0.7
8	2.2	1.5	0.5	0.7	1.4	0.8
<b>Total</b>	1.0	0.6	0.7	0.5	0.8	0.4

\*95% confidence interval.

†Smoked cigarettes on ≥ 1 of the 30 days preceding the survey.

§Non-Hispanic.

¶Not available.

\*\*Chinese, Filipino, or Other Pacific Islanders.

††Smoked cigarettes on ≥ 20 of the 30 days preceding the survey.

**Table 8m. Percentage of Middle School Students Who Used Smokeless Tobacco,\* Smoked Cigars,<sup>†</sup> and Used Any Tobacco Product,<sup>§</sup> by Sex, Race/Ethnicity, and Grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2003**

Question	Male		Female		Total	
	%	CI <sup>¶</sup> (±)	%	CI (±)	%	CI (±)
<b>Current smokeless tobacco use</b>						
<b>Race/Ethnicity</b>						
White**						
Black**						
Hispanic						
Asian <sup>††</sup>						
Other						
<b>Grade</b>						
6						
7						
8						
<b>Total</b>						
<b>Current cigar use</b>						
<b>Race/Ethnicity</b>						
White						
Black						
Hispanic						
Asian						
Other						
<b>Grade</b>						
6						
7						
8						
<b>Total</b>						
<b>Current tobacco use</b>						
<b>Race/Ethnicity</b>						
White						
Black						
Hispanic						
Asian						
Other						
<b>Grade</b>						
6						
7						
8						
<b>Total</b>						

Question Not Asked

Question Not Asked

Question Not Asked

\*Used chewing tobacco, snuff, or dip on  $\geq 1$  of the 30 days preceding the survey.<sup>†</sup>Smoked cigars, cigarillos, or little cigars on  $\geq 1$  of the 30 days preceding the survey.<sup>§</sup>Reported current cigarette use, current cigar use, or had used chewing tobacco, snuff, or dip on  $\geq 1$  of the 30 days preceding the survey.<sup>¶</sup>95% confidence interval.

\*\*Non-Hispanic.

<sup>††</sup>Chinese, Filipino, or Other Pacific Islanders.



**Table 9m. Percentage of Middle School Students Who Had Ever Had a Drink of Alcohol,\* Who Had Ever Used Marijuana, and Who Had Ever Used Cocaine,† by Sex, Race/Ethnicity, and Grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2003**

Question	Male		Female		Total	
	%	CI <sup>§</sup> (±)	%	CI (±)	%	CI (±)
<b>Lifetime alcohol use</b>						
<b>Race/Ethnicity</b>						
White <sup>¶</sup>	—**	—	—	—	33.2	9.8
Black <sup>¶</sup>	—	—	—	—	32.5	8.0
Hispanic	45.1	6.9	35.5	8.1	40.2	6.2
Asian <sup>††</sup>	21.9	4.6	13.9	3.2	18.2	3.0
Other	—	—	34.5	9.2	36.1	7.9
<b>Grade</b>						
6	20.2	4.9	14.5	4.2	17.4	3.5
7	34.7	8.2	24.3	5.8	29.8	5.9
8	41.3	6.4	32.0	7.3	36.7	5.4
<b>Total</b>	32.4	4.2	23.8	3.6	28.2	3.1
<b>Lifetime marijuana use</b>						
<b>Race/Ethnicity</b>						
White	—	—	—	—	6.6	4.3
Black	—	—	—	—	15.9	6.0
Hispanic	11.5	4.7	12.5	6.1	12.0	4.1
Asian	3.5	1.4	4.2	1.6	3.8	1.1
Other	8.1	6.0	10.1	7.0	9.1	4.4
<b>Grade</b>						
6	4.2	2.4	3.6	2.0	3.9	1.5
7	7.7	3.6	9.3	3.7	8.4	2.4
8	12.9	4.3	11.2	4.9	12.1	3.5
<b>Total</b>	8.4	2.2	8.0	2.3	8.2	1.6
<b>Lifetime cocaine use</b>						
<b>Race/Ethnicity</b>						
White	—	—	—	—	1.2	1.6
Black	—	—	—	—	2.7	2.4
Hispanic	2.8	2.6	6.0	3.4	4.4	2.0
Asian	3.1	1.7	3.1	1.7	3.1	1.3
Other	1.8	2.4	4.0	3.7	2.9	2.2
<b>Grade</b>						
6	3.4	2.1	2.6	1.9	3.0	1.7
7	1.3	1.4	4.5	2.9	2.8	1.4
8	3.5	2.1	3.3	2.1	3.6	1.8
<b>Total</b>	2.8	1.1	3.6	1.4	3.2	0.9

\*Ever had a drink of alcohol, other than a few sips.

†Ever used any form of cocaine (e.g., powder, “crack,” or “freebase”).

§95% confidence interval.

¶Non-Hispanic.

\*\*Not available.

††Chinese, Filipino, or Other Pacific Islanders.

**Table 10m. Percentage of Middle School Students Who Had Ever Used Inhalants\* and Who Had Ever Used Steroids, by Sex, Race/Ethnicity, and Grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2003**

Question	Male		Female		Total	
	%	CI <sup>†</sup> (±)	%	CI (±)	%	CI (±)
<b>Lifetime inhalant use</b>						
<b>Race/Ethnicity</b>						
White <sup>§</sup>	— <sup>†</sup>	—	—	—	12.2	6.3
Black <sup>§</sup>	—	—	—	—	6.3	3.4
Hispanic	16.1	4.8	9.4	5.0	12.8	3.9
Asian <sup>**</sup>	6.1	1.9	6.3	2.2	6.2	1.4
Other	12.1	6.0	13.9	6.4	12.9	4.9
<b>Grade</b>						
6	7.4	3.0	4.6	2.4	6.0	2.0
7	13.4	4.3	11.3	3.8	12.4	2.9
8	8.5	2.9	6.0	2.9	7.5	2.5
<b>Total</b>	9.9	2.0	7.4	1.9	8.8	1.5
<b>Lifetime steroid use</b>						
<b>Race/Ethnicity</b>						
White	—	—	—	—	2.9	2.3
Black	—	—	—	—	4.5	3.0
Hispanic	2.8	2.4	0.8	1.2	1.8	1.4
Asian	1.9	1.1	1.1	0.8	1.5	0.7
Other	5.2	4.4	0.0	0.0	2.6	2.2
<b>Grade</b>						
6	1.4	1.3	1.3	1.3	1.4	0.9
7	3.1	2.4	1.8	1.3	2.5	1.4
8	3.8	2.0	1.0	0.9	2.8	1.2
<b>Total</b>	2.9	1.2	1.5	0.7	2.3	0.7

\*Sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high.

<sup>†</sup>95% confidence interval.<sup>§</sup>Non-Hispanic.<sup>†</sup>Not available.<sup>\*\*</sup>Chinese, Filipino, or Other Pacific Islanders.

**Table 11m. Percentage of Middle School Students Who Had Initiated Drug-Related Behaviors Before Age 11 Years, by Sex, Race/Ethnicity, and Grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2003**

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
<b>Smoked a whole cigarette before age 11 years</b>						
<b>Race/Ethnicity</b>						
White <sup>†</sup>	— <sup>§</sup>	—	—	—	3.6	3.1
Black <sup>†</sup>	—	—	—	—	11.3	4.5
Hispanic	6.5	2.9	9.3	5.0	7.9	3.1
Asian <sup>†</sup>	4.4	1.7	3.7	1.9	4.1	1.4
Other	—	—	8.7	5.7	7.4	3.7
<b>Grade</b>						
6	5.2	2.5	3.4	2.3	4.3	2.0
7	7.5	3.6	5.8	3.3	6.8	2.5
8	8.1	3.2	7.2	2.9	7.7	2.2
<b>Total</b>	6.9	1.8	5.4	1.5	6.3	1.3
<b>Had first drink of alcohol before age 11 years**</b>						
<b>Race/Ethnicity</b>						
White	—	—	—	—	21.2	7.1
Black	—	—	—	—	19.4	5.7
Hispanic	27.7	6.7	22.0	5.9	24.8	4.4
Asian	13.0	3.4	8.7	2.3	11.1	2.3
Other	—	—	22.4	7.9	21.1	5.7
<b>Grade</b>						
6	15.8	3.7	12.3	4.1	14.1	2.7
7	20.7	6.1	14.8	4.5	18.0	3.9
8	21.4	4.9	16.5	5.3	19.0	3.9
<b>Total</b>	19.6	2.9	14.6	2.6	17.2	2.0
<b>Tried marijuana before age 11 years</b>						
<b>Race/Ethnicity</b>						
White	—	—	—	—	0.7	1.4
Black	—	—	—	—	2.0	2.2
Hispanic	1.9	2.1	2.0	2.0	1.9	1.4
Asian	0.3	0.4	0.6	0.7	0.4	0.4
Other	0.8	1.5	1.7	2.3	1.8	1.7
<b>Grade</b>						
6	0.4	0.5	0.5	1.1	0.5	0.6
7	0.9	1.0	1.8	1.4	1.3	0.8
8	0.8	1.2	2.2	1.9	1.7	1.1
<b>Total</b>	0.7	0.6	1.5	0.9	1.2	0.6

\*95% confidence interval.

<sup>†</sup>Non-Hispanic.

<sup>§</sup>Not available.

<sup>†</sup>Chinese, Filipino, or Other Pacific Islanders.

\*\*Other than a few sips.

**Table 12m. Percentage of Middle School Students Who Had Engaged in Sexual Behaviors, by Sex, Race/Ethnicity, and Grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2003**

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
<b>Had ever had sexual intercourse</b>						
<b>Race/Ethnicity</b>						
White <sup>†</sup>	— <sup>§</sup>	—	—	—	6.0	4.3
Black <sup>†</sup>	—	—	—	—	19.3	6.3
Hispanic	19.8	5.9	4.7	3.3	12.2	3.3
Asian <sup>†</sup>	3.9	1.7	2.0	1.7	3.0	1.2
Other	—	—	11.1	7.4	10.6	4.5
<b>Grade</b>						
6	8.2	4.1	1.4	1.5	4.9	2.2
7	11.4	4.9	6.5	3.4	9.0	3.1
8	16.3	5.5	5.2	2.7	11.1	3.1
<b>Total</b>	12.1	2.8	4.5	1.6	8.5	1.7
<b>Had first sexual intercourse before age 11 years</b>						
<b>Race/Ethnicity</b>						
White	—	—	—	—	1.5	2.1
Black	—	—	—	—	8.0	4.8
Hispanic	5.8	3.5	1.0	1.5	3.4	2.0
Asian	1.6	1.1	0.8	0.9	1.2	0.7
Other	—	—	3.7	3.5	3.0	2.2
<b>Grade</b>						
6	5.3	4.0	0.8	1.2	3.1	2.0
7	3.8	2.6	1.4	1.6	2.7	1.6
8	3.4	2.5	1.3	1.3	2.4	1.5
<b>Total</b>	4.3	1.8	1.3	0.8	2.8	1.0
<b>Had ≥ 3 sex partners</b>						
<b>Race/Ethnicity</b>						
White	—	—	—	—	2.8	3.4
Black	—	—	—	—	10.4	5.5
Hispanic	4.3	3.2	0.5	1.0	2.4	1.6
Asian	2.3	1.4	1.4	1.6	1.9	1.0
Other	—	—	2.2	2.9	2.0	1.9
<b>Grade</b>						
6	3.0	2.7	0.2	0.5	1.7	1.4
7	4.0	3.7	2.0	2.2	3.1	2.2
8	7.7	4.1	1.4	1.3	4.8	2.2
<b>Total</b>	5.1	2.1	1.4	0.9	3.4	1.2

\*95% confidence interval.

<sup>†</sup>Non-Hispanic.<sup>§</sup>Not available.<sup>†</sup>Chinese, Filipino, or Other Pacific Islanders.

**Table 13m. Percentage of Middle School Students Who Had Used a Condom During Last Sexual Intercourse\* and Who Had Ever Been Taught About Acquired Immunodeficiency Syndrome (AIDS) or Human Immunodeficiency Virus (HIV) Infection in School, by Sex, Race/Ethnicity, and Grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2003**

Question	Male		Female		Total	
	%	CI <sup>†</sup> (±)	%	CI (±)	%	CI (±)
<b>Used a condom during last sexual intercourse</b>						
<b>Race/Ethnicity</b>						
White <sup>§</sup>	— <sup>¶</sup>	—	—	—	—	—
Black <sup>§</sup>	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Asian <sup>**</sup>	—	—	—	—	—	—
Other	—	—	—	—	—	—
<b>Grade</b>						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	—	—	—	—	—	—
<b>Total</b>	—	—	—	—	76.1	8.4
<b>Had been taught in school about AIDS or HIV infection</b>						
<b>Race/Ethnicity</b>						
White	—	—	—	—	87.5	6.3
Black	—	—	—	—	75.7	8.3
Hispanic	72.4	6.6	72.5	5.9	72.5	4.3
Asian	73.0	6.4	72.7	4.6	72.9	4.7
Other	—	—	75.6	8.4	71.2	6.5
<b>Grade</b>						
6	58.0	9.2	61.0	6.1	59.5	6.8
7	79.6	6.0	78.8	5.3	79.2	4.8
8	82.2	5.7	83.2	4.3	82.5	4.3
<b>Total</b>	74.1	4.6	74.4	3.5	74.2	3.6

\*Among the 8.5% of students who ever had sexual intercourse.

<sup>†</sup>95% confidence interval.

<sup>§</sup>Non-Hispanic.

<sup>¶</sup>Not available.

<sup>\*\*</sup>Chinese, Filipino, or Other Pacific Islanders.

**Table 14m. Percentage of Middle School Students Who Had Participated in Sufficient Vigorous Physical Activity,\* Who Had Played on Any Sports Teams,† and Who Had Watched  $\geq 3$  Hours per Day of TV,§ by Sex, Race/Ethnicity, and Grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2003**

Question	Male		Female		Total	
	%	CI <sup>¶</sup> ( $\pm$ )	%	CI ( $\pm$ )	%	CI ( $\pm$ )
<b>Participated in sufficient vigorous physical activity</b>						
<b>Race/Ethnicity</b>						
White**	— <sup>††</sup>	—	—	—	86.1	5.1
Black**	—	—	—	—	65.1	7.4
Hispanic	71.3	8.6	59.6	6.3	65.5	6.2
Asian <sup>§§</sup>	64.1	5.0	62.5	4.8	63.3	3.8
Other	—	—	73.4	8.6	70.5	6.8
<b>Grade</b>						
6	61.5	7.0	59.4	6.7	60.4	6.0
7	68.3	7.2	68.7	5.8	68.4	5.6
8	74.6	4.3	66.1	5.8	70.4	3.7
<b>Total</b>	68.4	3.8	64.9	3.4	66.6	2.9
<b>Played on any sports teams</b>						
<b>Race/Ethnicity</b>						
White	—	—	—	—	55.7	8.3
Black	—	—	—	—	57.0	6.8
Hispanic	50.0	7.2	36.4	6.4	43.2	5.3
Asian	33.4	4.1	31.5	4.1	32.5	2.8
Other	—	—	30.2	9.7	39.0	6.8
<b>Grade</b>						
6	49.2	5.7	33.6	5.4	41.4	4.3
7	42.3	6.6	35.9	5.2	39.3	4.1
8	45.3	5.2	38.7	5.9	42.0	4.2
<b>Total</b>	45.6	3.3	36.2	3.2	41.0	2.3
<b>Watched <math>\geq 3</math> hours per day of TV</b>						
<b>Race/Ethnicity</b>						
White	—	—	—	—	27.7	8.8
Black	—	—	—	—	75.3	7.7
Hispanic	59.7	8.3	52.3	7.2	56.0	5.7
Asian	49.5	5.2	44.1	5.1	46.9	3.4
Other	—	—	45.0	10.7	44.7	8.7
<b>Grade</b>						
6	44.4	7.8	43.2	6.6	43.8	6.0
7	53.6	6.9	53.9	8.8	53.6	6.0
8	60.4	7.9	50.9	6.8	55.9	5.7
<b>Total</b>	53.1	4.4	49.4	4.0	51.3	3.2

\*Exercised or participated in physical activities that made them sweat and breathe hard for  $\geq 20$  minutes on  $\geq 3$  of the 7 days preceding the survey (e.g., basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities).

†Run by their school or community groups.

\*\*Non-Hispanic.

§On an average school day.

††Not available.

¶95% confidence interval.

§§Chinese, Filipino, or Other Pacific Islanders.

**Table 15m. Percentage of Middle School Students Who Were Enrolled in Physical Education (PE) Class\* and Attended PE Class Daily,<sup>†</sup> by Sex, Race/Ethnicity, and Grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2003**

Question	Male		Female		Total	
	%	CI <sup>§</sup> (±)	%	CI (±)	%	CI (±)
<b>Were enrolled in PE class</b>						
<b>Race/Ethnicity</b>						
White <sup>¶</sup>	— <sup>**</sup>	—	—	—	98.6	1.8
Black <sup>†</sup>	—	—	—	—	96.3	2.9
Hispanic	96.7	2.6	98.0	1.8	97.3	1.6
Asian <sup>††</sup>	96.9	1.8	98.3	1.2	97.5	1.2
Other	—	—	96.5	4.1	95.3	3.2
<b>Grade</b>						
6	97.9	1.7	97.0	1.9	97.5	1.4
7	96.4	1.7	98.1	1.6	97.1	1.1
8	95.6	2.6	98.8	1.1	96.9	1.5
<b>Total</b>	96.6	1.2	98.0	0.9	97.2	0.8
<b>Attended PE class daily</b>						
<b>Race/Ethnicity</b>						
White	—	—	—	—	95.7	3.1
Black	—	—	—	—	80.6	6.3
Hispanic	89.5	4.6	90.0	4.4	89.7	3.1
Asian	90.4	3.0	92.6	2.4	91.4	2.2
Other	—	—	93.5	4.9	85.9	6.4
<b>Grade</b>						
6	87.3	4.5	92.2	3.3	89.7	3.3
7	89.7	4.2	93.2	2.9	91.2	2.4
8	88.6	4.1	87.7	5.4	88.0	3.4
<b>Total</b>	88.4	2.4	90.9	2.3	89.4	1.8

\*On one or more days in an average week when they were in school.

<sup>†</sup>5 days in an average week when they were in school.

<sup>§</sup>95% confidence interval.

<sup>¶</sup>Non-Hispanic.

<sup>\*\*</sup>Not available.

<sup>††</sup>Chinese, Filipino, or Other Pacific Islanders.

**Table 16m. Percentage of Middle School Students Who Were at Risk for Becoming\* or Were Overweight,<sup>†</sup> by Sex, Race/Ethnicity, and Grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2003**

Question	Male		Female		Total	
	%	CI <sup>§</sup> (±)	%	CI (±)	%	CI (±)
<b>At risk for becoming overweight</b>						
<b>Race/Ethnicity</b>						
White <sup>¶</sup>	— <sup>**</sup>	—	—	—	15.0	6.2
Black <sup>†</sup>	—	—	—	—	22.8	6.7
Hispanic	26.6	5.7	25.2	7.9	26.0	4.7
Asian <sup>††</sup>	17.9	5.1	12.6	3.5	15.6	3.0
Other	—	—	—	—	17.3	6.1
<b>Grade</b>						
6	21.8	7.3	19.6	6.1	20.8	4.4
7	23.5	5.3	19.6	6.3	21.7	4.6
8	15.8	4.6	16.8	6.0	16.3	3.5
<b>Total</b>	20.1	3.5	18.5	3.6	19.4	2.5
<b>Overweight</b>						
<b>Race/Ethnicity</b>						
White	—	—	—	—	9.8	5.7
Black	—	—	—	—	19.3	6.9
Hispanic	21.7	7.7	18.3	7.2	20.3	6.1
Asian	11.1	3.5	7.8	2.9	9.7	2.3
Other	—	—	—	—	12.6	5.6
<b>Grade</b>						
6	21.9	6.4	17.9	7.8	20.1	5.4
7	17.3	5.8	10.4	5.4	14.2	4.2
8	9.1	3.4	10.7	4.7	9.8	3.0
<b>Total</b>	15.4	3.0	12.3	3.2	14.0	2.3

\*Students who were  $\geq$  85th percentile but  $<$  95th percentile for body mass index, by age and sex, based on reference data.<sup>†</sup>Students who were  $\geq$  95th percentile for body mass index, by age and sex, based on reference data.<sup>§</sup>95% confidence interval.<sup>¶</sup>Non-Hispanic.<sup>\*\*</sup>Not available.<sup>††</sup>Chinese, Filipino, or Other Pacific Islanders.



**Table 17m. Percentage of Middle School Students Who Described Themselves as Slightly or Very Overweight and Who Were Trying To Lose Weight, by Sex, Race/Ethnicity, and Grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2003**

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
<b>Described themselves as overweight</b>						
<b>Race/Ethnicity</b>						
White <sup>†</sup>	— <sup>§</sup>	—	—	—	29.2	8.8
Black <sup>†</sup>	—	—	—	—	23.4	7.2
Hispanic	26.0	6.4	26.2	5.7	26.1	4.5
Asian <sup>†</sup>	27.5	3.7	29.7	4.7	28.5	2.6
Other	—	—	30.1	9.5	25.7	5.6
<b>Grade</b>						
6	24.0	5.7	25.4	4.3	24.7	3.2
7	25.4	5.0	28.5	5.7	26.8	4.6
8	25.6	3.8	33.4	6.4	29.4	4.2
<b>Total</b>	25.0	2.7	29.1	3.3	27.0	2.3
<b>Were trying to lose weight</b>						
<b>Race/Ethnicity</b>						
White	—	—	—	—	41.0	7.5
Black	—	—	—	—	39.1	8.1
Hispanic	52.1	7.9	53.1	6.5	52.6	5.5
Asian	34.3	4.2	42.0	4.4	37.9	2.8
Other	—	—	42.0	10.2	37.3	6.8
<b>Grade</b>						
6	40.4	6.7	43.6	5.7	42.0	4.6
7	40.4	6.0	43.0	4.9	41.6	4.3
8	34.2	6.2	50.1	6.9	41.7	4.4
<b>Total</b>	38.3	3.7	45.6	3.4	41.7	2.5

\*95% confidence interval.

<sup>†</sup>Non-Hispanic.

<sup>§</sup>Not available.

<sup>†</sup>Chinese, Filipino, or Other Pacific Islanders.

**Table 18m. Percentage of Middle School Students Who Had Ever Engaged in Healthy Behaviors Associated with Weight Control To Lose Weight or To Keep from Gaining Weight, by Sex, Race/Ethnicity, and Grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2003**

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
<b>Ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight</b>						
<b>Race/Ethnicity</b>						
White <sup>†</sup>	— <sup>§</sup>	—	—	—	38.2	8.1
Black <sup>†</sup>	—	—	—	—	37.3	8.5
Hispanic	40.4	6.0	49.1	7.4	44.7	4.7
Asian <sup>†</sup>	31.6	4.5	37.7	4.9	34.4	3.3
Other	—	—	43.5	9.4	39.6	6.4
<b>Grade</b>						
6	38.4	5.4	38.6	5.9	38.5	4.5
7	35.1	5.2	39.1	5.2	36.9	4.2
8	29.6	5.7	48.0	6.4	38.3	4.4
<b>Total</b>	34.4	3.3	42.1	3.6	38.0	2.6
<b>Exercised to lose weight or to keep from gaining weight</b>						
<b>Race/Ethnicity</b>						
White	—	—	—	—	64.4	8.7
Black	—	—	—	—	58.0	8.6
Hispanic	64.1	7.5	64.1	6.0	64.1	4.1
Asian	53.9	3.9	59.8	4.6	56.6	3.1
Other	—	—	58.0	9.7	55.3	6.2
<b>Grade</b>						
6	55.9	5.9	63.3	4.5	59.5	3.7
7	60.9	5.6	59.0	4.1	59.9	3.8
8	55.7	6.2	61.8	6.5	58.5	5.0
<b>Total</b>	57.5	3.3	61.4	3.0	59.3	2.5

\*95% confidence interval.

<sup>†</sup>Non-Hispanic.<sup>§</sup>Not available.<sup>†</sup>Chinese, Filipino, or Other Pacific Islanders.

**Table 19m. Percentage of Middle School Students Who Had Ever Engaged in Unhealthy Behaviors Associated with Weight Control To Lose Weight or To Keep from Gaining Weight, by Sex, Race/Ethnicity, and Grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2003**

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
<b>Went without eating for ≥ 24 hours to lose weight or to keep from gaining weight</b>						
<b>Race/Ethnicity</b>						
White <sup>†</sup>	— <sup>§</sup>	—	—	—	11.3	5.5
Black <sup>†</sup>	—	—	—	—	15.3	5.3
Hispanic	13.9	5.2	13.7	4.6	13.8	3.5
Asian <sup>†</sup>	6.4	2.1	6.1	1.9	6.2	1.4
Other	—	—	9.5	6.5	11.6	4.7
<b>Grade</b>						
6	14.4	4.9	5.2	2.7	9.9	2.8
7	9.6	3.8	12.2	3.5	10.8	2.6
8	9.3	4.4	10.4	3.9	9.8	3.0
<b>Total</b>	11.0	2.5	9.3	2.1	10.2	1.6
<b>Took diet pills, powders, or liquids to lose weight or to keep from gaining weight**</b>						
<b>Race/Ethnicity</b>						
White	—	—	—	—	2.6	2.7
Black	—	—	—	—	4.5	3.1
Hispanic	8.8	4.1	2.3	2.0	5.6	2.3
Asian	2.2	1.3	2.6	1.5	2.3	0.9
Other	—	—	1.5	1.9	2.0	1.6
<b>Grade</b>						
6	4.1	2.5	2.0	1.6	3.1	1.5
7	2.7	2.2	3.5	2.6	3.1	1.6
8	5.0	2.8	2.8	1.6	3.9	1.6
<b>Total</b>	4.0	1.4	2.8	1.2	3.4	0.9
<b>Vomited or took laxatives to lose weight or to keep from gaining weight</b>						
<b>Race/Ethnicity</b>						
White	—	—	—	—	4.5	2.9
Black	—	—	—	—	5.5	3.7
Hispanic	1.6	1.9	2.3	2.3	2.0	1.5
Asian	1.5	1.0	1.5	1.0	1.5	0.7
Other	—	—	0.0	0.0	1.4	1.6
<b>Grade</b>						
6	2.8	2.1	1.0	1.4	1.9	1.2
7	2.1	1.8	3.9	2.0	2.9	1.3
8	1.6	1.3	3.3	2.6	2.6	1.5
<b>Total</b>	2.1	1.0	2.7	1.2	2.5	0.7

\*95% confidence interval.

<sup>†</sup>Non-Hispanic.

<sup>§</sup>Not available.

<sup>†</sup>Chinese, Filipino, or Other Pacific Islanders.

\*\*Without a doctor's advice.